



The Eucharist is one of the three sacraments of initiation in the Catholic Church. The Eucharist is the source of Christian life.

Attending Mass and receiving Jesus Christ is the best example you can give your children.

Share with your children your memories of your first communion, and how special it was to you. Talk with them about how they will now be able to participate more fully in the Mass. They will be able to celebrate the sacrifice that Jesus made for us.

The highlight of the Mass is the Eucharist because we are able to have Jesus Christ present with us.

Our children should receive the Eucharist with the utmost respect. They should abstain for at least one hour before Holy Communion from all food and drink (including chewing gum) with the exception of water and medicine.



1. First Communion:

Sunday May 3rd, 2020

1:00 PM (Students must be at the church by 12:15)

2. Gather Together Day

Saturday May 2nd, 2020

8:00-10:00 AM in the Parish Center

Children will have doughnuts and milk. There will be a very special craft project, video and church tour as a part of the Gather Together Day. (Parents do not stay for this event. We will walk children to the church as a group.)

3. Communion Rehearsal

Saturday May 2nd , 2020

10:00 AM – 12:00 Noon Church

(One parent must accompany student through practice)

4. Clothing

Girls: White Dress, Dress Shoes, White veil. Girls may **not** wear gloves.

Boys: White shirt, Tie, Dress Pants, and Dress Shoes.
Suits may be worn but are **not** required.

Note : Students will **not** be allowed to carry purses, flowers, etc. in their hands. **Jeans, T-shirts, tennis shoes MAY NOT be worn.**

5. Pictures

A group picture will be taken before First Communion and a video will be made of the entire Mass. An order form will be sent out later.

No cameras or video recorders will be allowed in the sanctuary area during Mass.

Pictures will only be allowed during the processional and recessional of the Mass.

6. Seating

All First Communicants will sit together in front section (8 students to a pew). Each First Communicant will be assigned a “Family Pew” as well. This “Family Pew” will be marked with the child’s banner.

7. Banner Making

- The banner is a wonderful remembrance of First Communion for your child.
- It also serves to mark your family pew on First Communion Sunday.
- Please see the bottom of page for greater details on banner making.

First Communion Banner

11 inches wide x 14 inches long

Attach cord of 12 inches at the top of banner

(This is to hang on the end of the pew)

Use dowel rod across the top to hang the cord from.

Banners may be decorated in any way you wish. Words or symbols can be sewn on, embroidered, cross stitched, appliquéd, glued on felt or other material, etc. it can also be written or drawn on with markers, glitter or fabric paint. Banners deemed unacceptable will need to be redone.

Some words you want to include:

Student’s first name and/or family name.

Date of First Holy Communion

Banners should be hung with the 11 inch side at the top.

Banners are to be completed at home and brought to the practice on Saturday May 2nd at 10:00 AM.

First Communion Photo/DVD order form

Please return this form with payment to your child's teacher or to the Parish Center labeled "First Communion Picture or DVD". You may also bring to practice or on First Communion Sunday.

I am ordering (#) _____ Communion Photo(s) @ \$12.00 ea. _____

(#) _____ Communion DVD(s) @ \$15.00 ea. _____

Total enclosed \$ _____

Parent Name: _____

Child's Name: _____

Address: _____

City/Zip: _____

Phone: _____

Note: Make Checks Payable to St. Joseph Church